

COMMUNITY NEWS

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Knox SOW NEWS



A Walk in the Park

The Knox Street Orienteering Walkers (Knox SOW) walking group ran a special walk in Jells Park on Friday 5th April. Jells Park is in Wheelers Hill and is a beautiful place especially with all the bird life around the lake. The weather was kind. It was a warm morning with a cloudless blue sky. The group usually walks around the streets of Knox for one hour with a map finding answers to 20 clues, such as fire hydrants, letter boxes, telephone numbers, etc. This time the challenge was to find some of the Emergency Markers and hidden Control Tags in the Park.

24 walkers participated, including 2 'first-timers' and special guests, Sue and Stan*. Some of the teams had difficulty finding the Control Tags and this was reflected in their score. The walk was extended by 15 minutes to allow for this. After the walk they had a coffee and chat in Madeline's Café at the Visitors

Centre. Everyone said they enjoyed the Park and would definitely like another walk there in the future. (*Sue and Stan introduced street orienteering to Walk Organisers, David and Glenys, in 2005. The last time David organised an orienteering walk in Jells Park and some adjacent streets was in June 2008.)

Knox SOW is registered with the Heart Foundation and is their largest walking group in the City of Knox. They walk on the 1st & 3rd Fridays every month. Full details and the monthly Start / Finish Locations are on their website. Contact Walk Organiser, David, on 0419 337 311 or david@knoxsow.org.au for more information. If you are coming along for the first time you will receive training from Glenys and be put in a team with experienced orienteers.

www.knoxsow.org.au



Glenys & David on the lagoon platform