



Knox Street Orienteering Walkers

Covid-19 Safe Plan

1. If you have any Covid-19 symptoms or get Covid-19 please do not register for a walk until you have a negative Rapid Antigen Test (RAT) result.
2. If you get Covid-19 symptoms after you have registered, please contact David (to be removed from the list of walkers) and stay at home.
3. If you abandon the walk because you are feeling unwell, please contact David immediately.
4. If you get Covid-19 within a few days after the walk, please contact David. All other walkers who attended the walk will then be contacted and advised to test and isolate if positive.
5. Wearing a face mask is optional. Regular hand sanitising is recommended.

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www.knoxow.fun