

# Knox SOW



## A Walk in the Park



The **Knox Street Orienteering Walkers (Knox SOW)** walking group ran a special walk in Jells Park on Friday 5<sup>th</sup> April. Jells Park is in Wheelers Hill and is a beautiful place especially with all the bird life around the lake. The weather was kind. It was a warm morning with a cloudless blue sky. The group usually walks around the streets of Knox for one hour with a map finding answers to 20 clues, such as fire hydrants, letter boxes, telephone numbers, etc. This time the challenge was to find some of the Emergency Markers and hidden Control Tags in the Park.

24 walkers participated, including 2 'first-timers' and special guests, Sue and Stan\*. Some of the teams had difficulty finding the Control Tags and this was reflected in their score. The walk was extended by 15 minutes to allow for this. After the walk they had a coffee and chat in Madeline's Café at the Visitors Centre. Everyone said they enjoyed the Park and would definitely like another walk there in the future. (\*Sue and Stan introduced street orienteering to Walk Organisers, David and Glenys, in 2005. The last time David organised an orienteering walk in Jells Park and some adjacent streets was in June 2008.)



Lagoon platform  
Control Tag (Clue 15)  
hidden behind the post



Glenys & David  
on the lagoon platform



Stan, Sue & 'first-timer' Ken  
approaching the Bird Hide (Clue 12)

**Knox SOW** is registered with the **Heart Foundation** and is their largest walking group in the City of Knox. They walk on the 1<sup>st</sup> & 3<sup>rd</sup> Fridays every month. Full details and the monthly Start / Finish Locations are on their website. Contact Walk Organiser, David, on 0419 337 311 or [david@knoxow.org.au](mailto:david@knoxow.org.au) for more information. If you are coming along for the first time you will receive training from Glenys and be put in a team with experienced orienteers.



[www.knoxow.org.au](http://www.knoxow.org.au)



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## **Knox Street Orienteering Walkers**

Knox SOW is registered with the Heart Foundation and is the largest walking group in the City of Knox. We are holding a special walk in Jells Park, followed by a coffee and chat in Madeline's Cafe at the Visitors Centre.

Date: Friday 5 April 2019

Time: 10.30 am

Location: Jells Park, Waverley Road, Wheelers Hill

Cost: \$1 per person

Contact: Bookings essential, call David on 0419 337 311 or [david@knoxsow.org.au](mailto:david@knoxsow.org.au)

# COMMUNITY NEWS

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## Knox SOW NEWS



### A Walk in the Park *by David Mallen*

The Knox Street Orienteering Walkers (Knox SOW) walking group is running a special walk in Jells Park on Friday 5th April. Jells Park is in Wheelers Hill and is a beautiful place especially with all the bird life around the lake. The group usually walks around the streets finding answers to clues on the map but this time the challenge will be to find the fixed Control Points in the Park. Team registration is at 10am and the one hour walk commences at 10.30am. The cost is \$1 per person. After the walk they'll have a coffee and chat in Madeline's Café at the Visitors Centre. If there is sufficient interest, the special walk will be repeated on Friday 19th April. As this is a public holiday and the Café will be closed it will be BYO picnic lunch.

Knox SOW is registered with the Heart Foundation and is their largest walking group in the City of Knox. They walk on the 1st & 3rd Fridays every month. Full details are on their website: [www.knoxsow.org.au](http://www.knoxsow.org.au).

Booking for the Jells Park walk is essential. Contact Walk Organiser, David, on 0419 337 311 or [david@knoxsow.org.au](mailto:david@knoxsow.org.au) to find out the exact Start/Finish Location. If you are coming along for the first time

you will receive training and be put in a team with experienced orienteers.

The Knox Street Orienteering Walkers walking group is running a special walk in Jells Park at 10.30am on Friday 5th April. \$1 per person. Bookings essential. Contact Walk Organiser, David, on 0419 337 311 or [david@knoxsow.org.au](mailto:david@knoxsow.org.au).

